





- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERNED?
- 3. WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERNED?

BOARD 19-20



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Rtn. Chandrajit Shah



Hon. Sercretary:

Rtn. Minal Shah



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Rtn. Jay Shah



President Elect:

Rtn. Vaishali Shah



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Rtn. Rachana Parekh



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New Generation Services:

Rtn. Neeta Shah



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PP Rtn. Chirayu Kothari



Bulletin Editor:

Rtn. Sneha Ramani & Rtn. Milind Gogate

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Foundation Chair:

PP Rtn. Chetan Dedhia



Membership Development:

PP Rtn. Kalpesh Shah



Club Trainer:

PP Rtn. Rajendra Shah



Information and Technology:

Rtn. Bhargav Bhatt



Rotary Community Corps:

Rtn. Dattesh Shah



Public Image:

Rtn.Dr. Suneet Dabke



Literacy:

PP Rtn. Malay Bhayani



Club Administration:

PP Rtn. Pinakin shah



GKP & Wins:

PP Rtn. Jatin Shah



Avoidable Blindness:

Rtn. Dr. Rakesh Patel



IY Coordinator

PP Rtn. Birju Dixit

PROJECT CHAIRPERSON





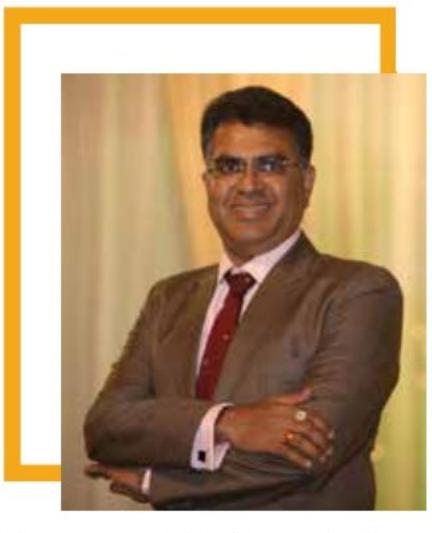


Golf Chairman: Rtn. Vaishali Shah

Humf Chairman: PP. Rtn Dr. Ashwin Shah

Gyanjyot Chairman: Rtn. Minal Shah

PRESIDENT'S blog



Dear all RCBS rotarians,

In the last month or 40 days, our life has changed like never before. No one in the world predicted this. Life has paused by unseen unknown virus COVID-19.

FUTURE IS DARK

મનુષ્ય મનુષ્ય ને મલી ગયો અને મનુષ્ય મનુષ્ય ને નડી ગયો ! ડર ઘર કરી ગયો ….

Luxury Cars, Jewellery, Branded Accessories all are worthless.

The real live world has change into a digital (virtual) world.

Mankind is supported by Doctors, Medical Team, and Paramedical staff.

Government Officers, Police Department & Paramilitaries are giving service day & night leaving apart from their families.

They are our real "HEROES" We must salute them.

ROTARY INTERNATIONAL

ROTARY INDIA and

ROTARY DIST 3060 has done remarkable donation directly & indirectly to best of their capacities.

RCBS team and individual members have also done best contribution to District & Vadodara.

COVID-19, Lockdown, Quarantine, Social Distancing, Immunity, Webinar, Zoom Meeting are now new normal. Mask, Sanitiser have became part of our daily wear.

Many of us have learned new recipes, home cleaning activities and new life-improving changes. We spent a quality time exclusively with family. Meditation and Yoga has become part of our life.

Finally, due to extraordinary steps taken by government & rules and regulations followed by 95% of the Indians, now the situation is under control.

As a results out of 733 districts

319 - Green

284 - Orange

130 - **Red Zone**

Stay Safe! Stay Positive! Stay Healthy!

Rtn Chandrajit Shah President 2019-20

EDITOR'S note

Hello RCBSians,

We all are well aware that the environment has been under duress of varying degree, due to the ongoing situation, without any sight of the end of the tunnel. However, a gentle reminder that, we belong to the land of the Enterprising. We are certain that it is a matter of time and we shall see the environment returning to Normalcy, albeit with may be a New Normal (with COVID – 19 as a companion for a few months, if not years....!)

This Too Shall Pass.....!!

Signing off with the eternal hope for a better tomorrow....!!

Thanks & Regards, Rtn. Sneha Ramani &

Rtn. Sneha Ramani & Rtn. Milind Gogate

Bulletin Editors, 2019-20

RCBS stories

Donation of Ventilators

April 2020

Venue: Respective Homes

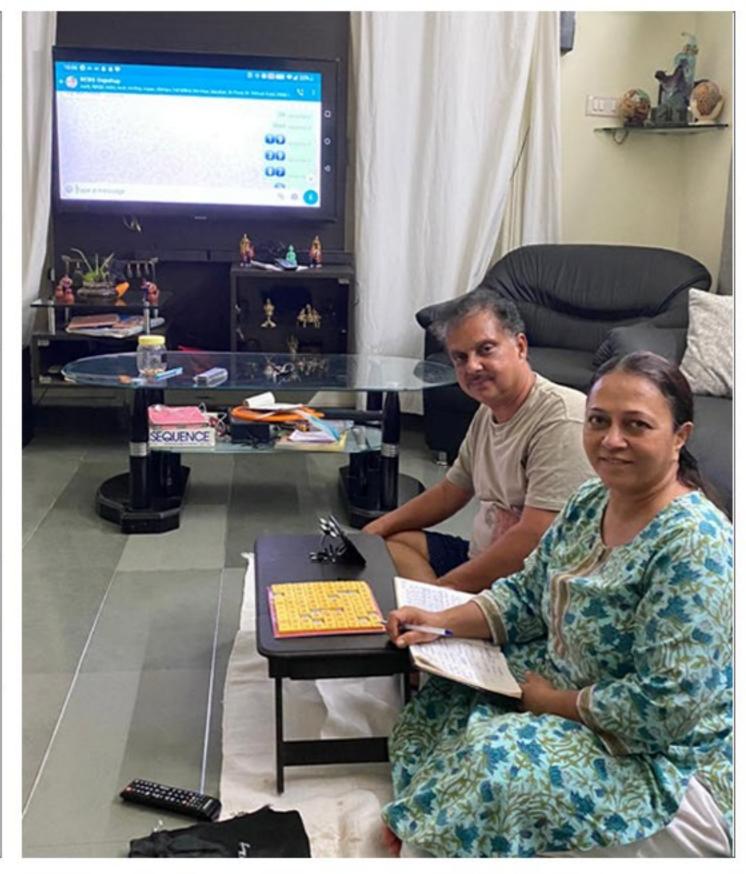
RCBS decided to pitch in with a couple of Ventilators for the medical infrastructure of the District. A proposal was mooted by the Board and was wholeheartedly received by all the members. Accordingly, two ventilators were pledged towards strengthening the medical infrastructure of Vadodara. The modalities are being worked out to hand over the same to appropriate authorities. Rtn Dr Nikunj Chavda coordinated the entire effort for this noble deed.

Virtual Fellowship

22nd April 2020

Lockdown due to ongoing COVID - 19 failed to dampen the spirits of RCBSins. The zeal and enthusiasm to organise and participate in a game of Tambola / Housie was planned using WhatsApp as a platform. Rtn PP Jatin Shah took it upon himself along with Ann Aarti Shah to anchor the game from his abode. It was well received by the members and the participation was encouraging. The dividends were decided based on the theme of Made for Each Other, covering the entire cycle from Dating to Baby Girl with a little spice of घरवाली / बाहरवाली...!

Dating	Rajendra Shah
Crush	Hetal Gandhi
Friendship	Pritesh Gandhi
Love	Toral Bhatt
Love Birds	Sonal Amin
Love Triangle	Bhavna Shah
Baharwali	Rachna Parekh
Gharwali	Manan Shah
Wedding (1st House)	Rajendra Shah & Toral Bhatt
Honeymoon (2nd House)	Shashank
Baby Girl (3rd House)	Mamta Shah
	Manan Shah
	Sanjay Shah



Taking a cue from the evolving IT culture, a Virtual speaker meet was organized to understand the importance of certain traditional ways of living. The speaker was none other than our own Ann Radhika Talati. An internationally certified Yoga Instructor, Ann Radhika has trained in the Himalayas and has diverse experience in teaching Yoga. More importantly, she is an Entrepreneur, a mother, a wife, a survivor of life altering health concerns.



Place: Respective Homes

She is passionate about passing on her knowledge, education though RAA YOGA Way of Life. The session was conducted using Zoom Platform for Video Conference. It was an enriching session about those little nuances of Indic Lifestyle, that if practiced would result in a healthy and energetic life ahead.

हम तुम एक कमरेमें बंद हो... Life during Lockdown

This Corona Pandemic has thrown the world out of gear, physically, emotionally, financially, spiritually...

The enormity of this Crisis has dawned on most of us of late. The fight against this threat started with a self imposed Janta Curfew for one day. National lockdown seemed imminent on that day and it was only a matter of time before the formal announcement was made. Lockdown 1.0 threw up a positive outcome and the extension i.e. Lockdown 2.0 was next logical step to secure the benefits of Lockdown 1.0. Response to lockdown differed from place to place and people to people... However one common factor was that irrespective of the Caste, Colour, Creed, Language, Region, Religion etc it forced all of us to introspect, retrospect. This automatically meant that all of us visit an important person and have a dialogue with that person. Any guesses who that person maybe...?

Yes... most of you have guessed it right...! That person is none else but SELF...!! All of us have had this wonderful opportunity to have a dialogue with self. This dialogue must have induced certain thoughts about life in general and about own future, near and distant. Many may have realized the futility of running the RAT RACE (where despite a victory, one remains a RAT...!)

Our brain has two distinct parts, a Left Brain which deals with facts, Linear Thinking, logic etc while the Right Brain indulges in Abstract thinking, artistic expression, Imagination etc.

Now, COVID - 19 has forced us to use the entire brain in totality. The Left brain is processing the facts of our individual lives along with the information overload on COVID - 19. whereas the Right brain is processing thoughts that are originating due to the looming uncertainty. We are trying to evaluate different aspects of us individually and collectively as a society. During present situation linear thinking is leading us to conclusions that are not quite positive. The Abstract thinking and vivid Imagination are two very powerful tools that facilitate solutions that are non-conventional / out of the box variety and are the ones that are helping us maintain the sanity.

Many of the esteemed members of RCBS along with Anns and Annets have utilised this period of Lockdown to let loose their creativity and acquire or polish some skills. Culinary talent was seen in abundance. What specifically caught one's eye was the special talent of setting up of a Paan Shop (पान की दुकान), replete with home grown betel leaves and all the essential ingredients. Conducting Webinars was another activity which seemed popular, where members shared their domain knowledge and experience in different fields.

Here is a glimpse of various activities as undertaken by RCBS family....



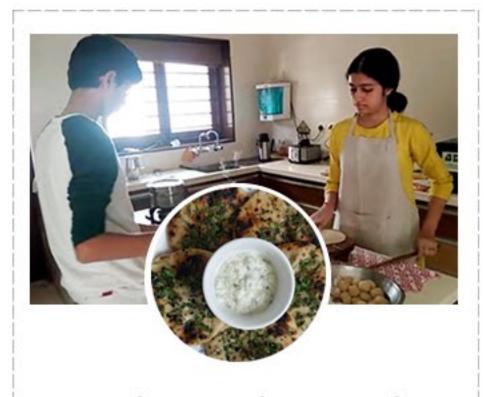
Rice Paper Rolls by Rtn Pinakin Shah



Full Lunch by Rtn Rajendra Shah



Cake by Ann Hetal Gandhi



Roti & Cheese Naan by Annet Aaditya & Annet Nandini Shreyans Mehta



Homemade Pan & Falsa Juice by

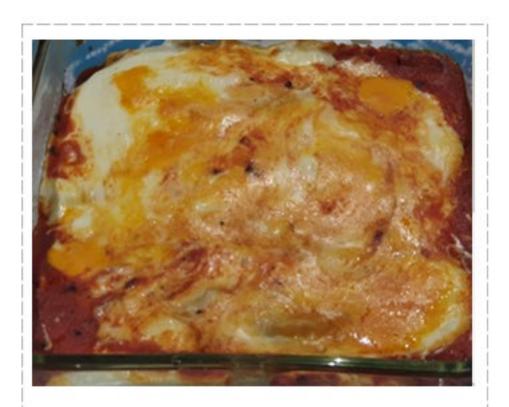
Ann Arati Shah

RCBS stories

Raw Mango & Kesar Elaichi Sherbat & Dalgona Coffee by Ann Sangeeta Matai



Khandvi by Ann Hema Shastri



Enchiladas by Rtn Minal Shah



Kesar Shrikhand & Lemon Cheese Cake by Rtn Neeta Shah



Panipuri by Rtn Bhargav Bhatt



Pavbhaji by Rtn Darshan Vyas



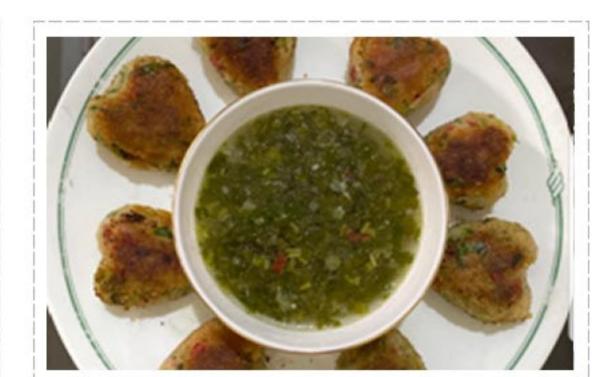
Rtn Ashwin Shah installed portable body sanitisation system at ACP Office.



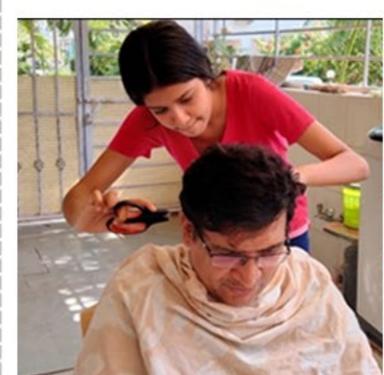
Roasted mung, palak, paneer kabab by Ann Dr.Parul Shah



Cake by Annet Swara Bhatt



Veg Cutlet & Lemon Coriander Soup by Ann Pranjal Shah









The Stylist Hairdressers - Annet Mahek, Ann Hetal Vyas, Ann Sonal Amin, Ann Divya Bhatt



Handstiched mask by Ann Sangeeta Matai.



Rtn Nikunj Chawda, himself did shaving & hair cutting of residents at Kadji Care.



Practising Meditation - Rtn Dharmendra & Ann Sonal Amin



Rtn Suneet sowing Dhaniya seeds



Learned to make Rotis -Annet Rajasi Dabke



Saucy Nacho Pizza by Annet Khushee Arpan Dave



Keeping fit in lockdown Annet Harshil Parekh



7 Layer Burrito Bowl by Annet Anahita Sanjay Shah



Ann Divya Bhatt starched her cotton sarees



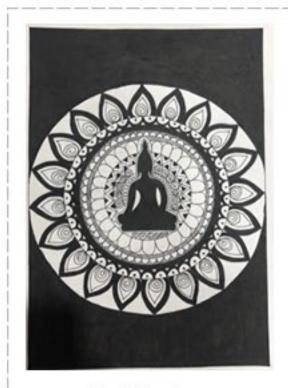
Rtn Ashwin watering the Garden



Annet Hetav Nishant Ramani painting graphic art



Rtn Jatin plucking Red Jamuns, Mangoes & cutting Sugarcane



Painting by Annet Dhwani Kalpesh Shah



Painting by Annet Nishtha Nitin Shah



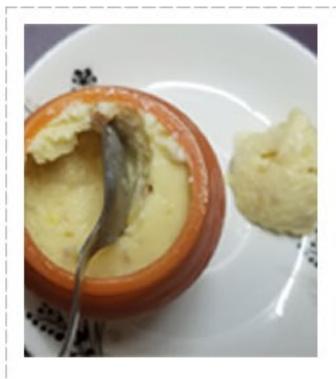
Varli & Madhubani Painting by Ann Hetal Gandhi



Painting by Annet Saumya Nitin Shah



Annet Aaditya ironing the clothes



Kesar Matka Kulfi by Ann Swapnali Dabke



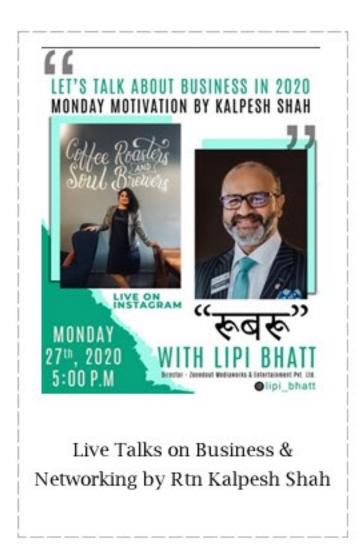
Falafel, Hummus & Pita Bread by Rtn Rachana Parekh



Rtn Parag lighting diya as ray of hope!











Online Proficiency Self Assessment Test for "Independent Directors Databank". under the Aegis of MCA passed by Rtn Jay Shah



RIPE Holger Knack's Address to Rotary District 3060

11th April 2020



Our incoming Rotary International President Rtn Holger Knack was pleased to interact with our Dist 3060. He insisted on working for our clubs in new ways in this difficult times.

- 1. Involve all members on Zoom Meetings
- 2. Do Community Assessment, ask local authorities where do they need help and work towards it.

He motivated incoming Presidents to open opportunities and set agenda for 20-21. His speech was brief with main 4 points

- 1. Every club should have one meeting per year to ask themselves where they would like to be in 5 or 10 years
- 2. How do you make your club more attractive to its members
- 3. Select new members who can sustain and add more meaning to club. Don't go by numbers but by quality. Look for the best people in the community as you are choosing friends for your life.
- 4. Continue our efforts to end polio as it will more difficult with corona virus

"I am fond of Rotary values which make us One despite of different states, culture and language. We should strengthen our network for the good of Rotary.

Dr. Harsh Vardhan, Union Health Minister held a video conference with Rotary International Members and thanked and appreciated the humanitarian help by Rotarians in fight against COVID-19. "Right from the day, i joined public life 27 years ago, Rotarians across the country offered their services in eradication of polio from Delhi and India.



i wish to involve the more and more concerned people in fight against COVID too" he said as he interacted with the Rotarians across the country.



DIST 3060 tweet

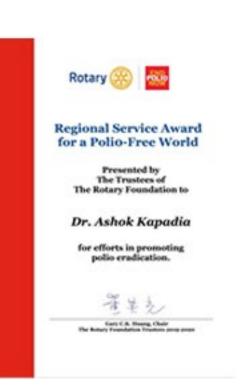
DG Anish Shah had approached all the clubs of the district to donate funds towards PM Cares fund. Our club members donated generously and we collected a handsome amount of Rs.2,50,000



Dist 3060 has completed 3847 projects already seen live in Rotary India Website. It is the Highest compared to any Rotary Dist of India. Cheers to DG Anish Shah and 3060 leadership team!

PDG Dr Ashok Kapadia has been awarded the Regional Service Award for a Polio-Free World for 2019-2020 in recognition of his non-financial contribution to polio eradication throughout the region.

Hearty Congratulations Dr Ashokbhai for this prestigious award!



PRASHIKSHA- Pave the Way Pets-Sets for Rotary Year 20-21

Due to Covid-19, Pets-Sets scheduled 4th April was conducted online in phases. PDG Rtn Ruchir Jani was the District Trainer and Mr. Nandak Pandya was the motivational speaker. It was a pleasure listening to RID Kamal Sanghvi and RID Bharat Pandya. Also different talks were arranged with experts from different fields. Mr.Deven Choksey discussed on topic Investor in Global Lockdown, Dr. Jay Narayan Vyas on Today's Gujarat & Future Opportunities and Dr. Nirmal Parikh on Positive Thinking.

The incoming Presidents, Secretaries, AG, DS and Training team participated in the various e-meetings. From RCBS, PE Rtn Vaishali Shah, Rtn Sneha Ramani and Rtn Chetan Dedhia attended the meetings.

Magazine Month

May 2020



MIND Feed

Let's use video to reinvent education

Sal Khan made few videos to assist his cousins in studies which became famous with others on You Tube from which originated the Khan Academy. He thought it would just be for homeschoolers but than it penetrated the classrooms too. It generated a reverse theory.

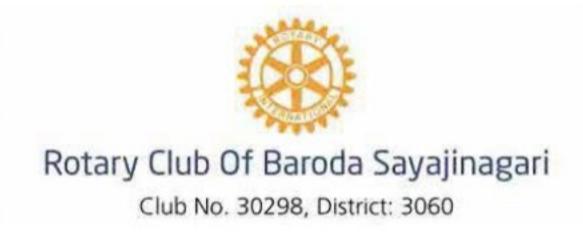
"I assigned lectures for homework and what used to be homework, i now have students doing in the classroom"

-means instead of one size-fits all lecture in the classroom, one can listen to self paced lectures through videos in the comfort of their home. Than when they go to classroom, letting them to work, having teacher walk around, having peers interacting with each other, these teachers have used technology to humanise the classroom.

They took away the fundamentally dehumanising experience that 30 kids with their finger on their lips, not allowed to talk with each other and teacher giving lecture to blank faces. It enhances peer to peer teaching, motivates the students and these videos stays on net for ages.

Welcome to notion of one world classroom!

Sal Khan, California TED 2011



Opp Swagat Restaurant, Jetalpur Road, Vadodara - 390007

rcbs30298@gmail.com/ Chandrajit.shah@hotmail.com

+91 9825042288

rotary30298

www.rcbs.co.in

RCBSsocial

www.rcbsgolf.org

President Rtn Chandrajit Shah, Everest, Ground floor, Ankur Apt.,

Share your views: rcbseditor@gmail.com

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